

## 14-STEP POLKA

Level: 24 counts, Round Dance, Beginner

Choreographer: Unknown

Suggested Music: Stop On A Dime by Little Texas White Line

Cassanova by Brooks & Dunn Dance by Twister Alley

Sin Wagon by Dixie Chicks

Devil Went Down To Georgia by The Charlie Daniels Band

Or any fast polka rhythm.



### **Right Heel Digs, Step, Left Heel Dig, Step, Toe Touch, Step**

01 – 02 Touch right heel forward, touch right next to left

03 – 04 Touch right heel forward, step right next to left (weight on right)

05 – 06 Touch left heel forward, step left next to right (weight on left)

07 – 08 Touch right toe behind left, step right next to left (weight on right)

### **Left Heel Dig, Step, Stomp Twice, Pivot ½ Turn twice (Rock Forward/Back)**

09 – 10 Touch left heel forward, step left next to right (weight on left)

11 – 12 Stomp right in place twice

13 – 14 Step right forward, pivot ½ turn to the left (cowgirl)

(Rock right forward, recover weight on left) (cowboy)

15 – 16 Step right forward, pivot ½ turn to the left (cowgirl)

(Rock right back, recover weight on left) (cowboy)

### **Polkas**

17 & 18 Shuffle forward right, left, right

19 & 20 Shuffle forward left, right, left

21 & 22 Shuffle forward right, left, right

23 & 24      Shuffle forward left, right, left

Note: It looks nice, if the ladies do the polka steps in turns to the right.