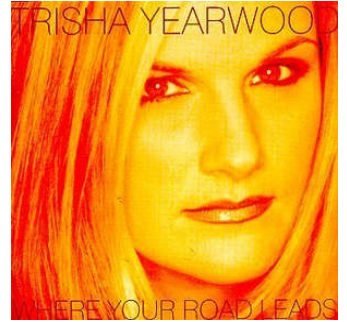


# A Powerful Thing (Valentines Heart)



48 count, 4 wall, Beginner/Intermediate

Choreographed by Sheryl Figueroa and Jim Doyle

Music: A Powerful Thing by Trisha Yearwood, CD-Where Your Road Leads

## **Right Heel Split, Left Heel Split, Heel Twists And Toes, Heel Taps**

- 01 & Twist right heel to the right (keep toe in place), twist right heel back home
- 02 & Twist left heel to the left (keep toe in place), twist left heel back home
- 03 – 04 Twist both heels to the right, twist both toes to the right
- 05 – 06 Twist both heels to the right, twist both toes back home
- 07 – 08 Lift up left heel twice (up – down – up – down)

## **Twist Heels And Toes, Heel Taps, Right Heel Strut**

- 09 – 10 Twist heels to the left, twist toes to the left
- 11 – 12 Twist heels to the left, twist toes back home
- 13 – 14 Lift up right heel twice (up – down – up – down)
- 15 – 16 Touch right heel forward, step right down

## **Left Heel Strut, Right Grapevine, Left Grapevine ¼ Turn, Right Toe Touch, Lift Right, Right Toe Touch, Right Step, Left Toe Touch, Lift Left**

- 17 – 18 Touch left heel forward, step left down
- 19 – 22 Step right to the side, cross left behind right, step right to the side, touch left next to right
- 23 – 24 Step left to the side, cross right behind left
- 25 – 26 Step left in a ¼ turn to the left, touch right next to left
- 27 – 28 Touch right toe to the right, lift up right knee over left knee
- 29 – 30 Touch right toe to the side, step right down (weight on right)
- 31 – 32 Touch left toe to the side, lift up left knee over right knee

Left Toe Touch, Left Step, Right Heel Strut, Left Heel Strut, Pivot ½ Turn

33 – 34 Touch left toe to the side, step left next to right (weight on left)

35 – 36 Touch right heel forward, step right down

37 – 38 Touch left heel forward, step left down

39 – 40 Step right forward, turn  $\frac{1}{2}$  to the left

### **Right Grapevine, Left Grapevine**

41 – 44 Step right to the side, cross left behind right, step right to the side, touch left next to right

45 – 48 Step left to the side, cross right behind left, step left to the side, touch right next to left

### **Start Dance Again**