

Badonkadonk



Choreographed by Hot Pepper

Description: 32 count, 2 wall, beginner/intermediate west coast swing line dance

Music: Honky Tonk Badonkadonk by Trace Adkins [115 bpm WCS / CD:

Songs About Start when Trace Adkins says the words: Left, Left, Left-Right-Left. The dance will go with the words.

LEFT SIDE ROCK STEP, LEFT CROSS ROCK STEP, LEFT STEP SIDE, RIGHT TOGETHER, LEFT SIDE SHUFFLE LEFT

1-2 Rock left foot to left side, recover weight onto right foot

3-4 Cross rock left foot in front of right, recover weight onto right

5-6 Step left to left side, step right next to left

7&8 Shuffle to the left side stepping left, right, left

RIGHT CROSS ROCK, RIGHT SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT KICK-STEP-POINT

1-2 Cross rock right foot over left, recover weight to left foot

3&4 Sweep right foot around and behind left, make ¼ turn right as you step left, right (facing 3:00)

5&6 Shuffle forward left, right, left

7&8 Kick right foot forward, step right foot down next to left, point left toe to the left side

STEP BACK-POINT SIDE (X3), RIGHT SAILOR ¼ TURN RIGHT

1-2 Step back on left foot, point right toe to the right side

3-4 Step back on right foot, point left toe to the left side

5-6 Step back on left foot, point right toe to the right side

7&8 Cross right foot behind left, make ¼ turn right as you step left, right (facing 6:00)

LEFT SHUFFLE FORWARD, RIGHT ROCK-STEP-BACK, WALK BACK LEFT-RIGHT, LEFT ROCK BUMP BACK, RIGHT BUMP FORWARD

1&2 Shuffle forward left, right, left

3&4 Rock forward onto right foot, recover weight onto left foot, step back onto right foot

5-6 Walk back left, right

7-8 Rock back onto left foot and bump hips back, recover weight forward onto right and bump hips forward

REPEAT