

# Charleston Bump

## Charleston Bump

**Note:** This dance was taught in the Metro East of St. Louis Area as “Trash Ladies.” Sometime ago I sent a message out asking if anyone knew it and got one response that said they called the dance, “Trashy Women.” But the steps DID. Then, in November 1996, I came upon this dance. It’s identical, except as “Trashy Ladies/Woman,” it started with the 3 shuffles. I located “Charleston Bump” on 3 or 4 web sites and found a few references in some dance magazines. In March of 1998, Linda (Guthrie) Miller, reported the choreographer as being Bill “Peanut” Rice.

**Type:** Couples Progressive circle Line Dance

**Choreographer:** Bill “Peanut” Rice

**Count:** 28

**Music:** 120-132 Beats Per Minute Swing Rhythm

**Good Girls Go To Heaven -**

**Charlie Floyd --20 BPM**

**Female Bonding --Brett James -- 132 BPM**

**Trashy Women -- Confederate Railroad -- 148 BPM**



**Begin in right open promenade (standing side-by-side, man hold lady's left hand in his right)**

### **BUMP INSIDE HIPS TWICE**

**1-2 Bump inside hips together twice**

### **BUMP OUTSIDE HIPS TWICE**

**3-4 Bump hips to outside twice**

### **BUMP HIPS ONCE TOGETHER AND OUTSIDE**

**5-6 Bump inside hips together, bump hips to outside**

### **STEP, TURN, STEP TURN**

**7 Release hands and step forward on inside foot.**

**8 Pivot 1/2 turn to outside to face (RLOD) Rear Line Of Dance**

**9 Step forward on outside foot**

**10 Pivot 1/2 turn to outside to face (LOD) Line Of Dance**

**JOIN HANDS AND DO 3 FORWARD SHUFFLES**

**11&12 Shuffle forward starting on inside foot**

**13&14 Shuffle forward starting on outside foot**

**15&16 Shuffle forward starting on inside foot**

**FACE IN-VINE LOD, 1/4 AND KICK**

**Turn 1/4 turn inside to face partner and**

**17 Side step with leading foot**

**18 Step behind with trailing foot**

**19 Face 1/4 turn to face LOD and step forward with outside foot**

**20 Kick inside foot forward (note: as with all vines, I find it easier to turn on count 3)**

**STEP BACK, BACK, BACK, STOMP**

**21-22 Step back on inside foot, step back on outside foot**

**23-24 Step back on inside foot, stomp outside foot**

**TOE TOUCHES IN FRONT AND REAR**

**25 Touch outside foot forward with partner's**

**26 Stomp outside foot beside inside foot**

**27 Touch outside foot back with partner's**

**28 S Stomp outside foot beside inside foot**

**BEGIN AGAIN.**