

DOWN and Dirty

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Level: 30 count, Beginner, 4 wall

Choreographer: Unknown

Music: The Shake by Neal McCoy



Right shuffle, Right 1/2 turn Shuffle, Right Shuffle, Right 1/2 turn Shuffle

- 01 – 02 Step right bring left next to right. Step right
- 03 – 04 Turn 1/2 to the right stepping left to the side, bring right next to left. Step left.
- 05 – 06 Step right, bring left next to right. Step right.
- 07 - 08 Turn 1/2 to right stepping left to the side, bring right next to left, step left.

Step, Pivot 1/4 Turn, Step, Kick, Step, Stomp

- 09 – 10 Step right forward, pivot 1/4 turn to the left (weight on left)
- 11 – 12 Step right forward, Kick left forward
- 13 – 14 Step left beside right, stomp right next to left.

Hip Bumps, Knee Bends

- 15 – 16 Step right to the side and shake hips twice to the right
- 17 – 18 Step left next to right and bend your knees twice
- 19 – 20 Step left to the side and shake hips twice to the left

21 – 22 Step right next to left and bend your knees twice

Hip Bumps, Knee Bends

23 – 24 Step right to the side and shake hips twice to the right

25 – 26 Step left next to right and bend your knees twice

27 – 28 Step left to the side and shake hips twice to the left

29 – 30 Step right next to left and bend your knees twice

Repeat